

Celebrity Beauty Secrets

Do you feel that looking and feeling good should cost an arm and a leg? Absolutely not! We have been oversaturated with the high cost of beauty. We asked some of the most beautiful celebrity women of color to share an economical beauty secret, and here is what they have to say.



CeCe Winans

(Gospel Recording Artist)

Nothing takes the place of good rest...get eight hours or more of sleep.



Nancy Wilson

(Recording Artist)

Dove is my general soap, and I use Lubriderm Lotion on my body. These are two good quality products, which I feel is very good for the skin.



Sheila E.

(Entertainer)

I love using olive oil on my cuticles. After using it, my cuticles are very soft. It's great right before your manicure, too. I also use olive oil in most of my cooking. It's better for my health and my skin.



Adrian Anderson (R) - Trin-i-tee 5:7

(Gospel Recording Artist)

I mix a box of baking soda, salt (both under 50 cents) and therapeutic Bath Oil (Eucalyptus, lavender etc.) \$4.88 at your local Wal-Mart. When mixing add only 4-6 tablespoons of Therapeutic Bath Oil for a good consistency. Fill up a jar with this mixture and you have a wonderful aromatic scrub all for under \$7.

India Arie

(Singer/Songwriter)

My cheap beauty secret is instead of lip gloss, I use J.A.S.O.N. Clear Vitamin E oil (with the dipstick). It cost about \$7 or \$8 (I've been buying it so long I don't even look.). You can use it for so many things. Cuticles, around your eyes at night, to fade blemish scars or discoloration around the mouth. That's why they call it the hair, skin, and nail oil. But mostly, I use it as lip gloss



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Eva Longoria

(Actress)

I use Johnson & Johnson's Baby Oil on my legs, and pat gently with a towel. This gives me a wonderful glow as well as keeping my legs tanned.



Shaun Robinson

(Access Hollywood)

One of my favorite products is Jergen's Shimmer Lotion. In the summer, it gives a nice bronze glow to my arms and chest. A few small dots on my cheekbones highlights them and gives them a lift. Add a bit to the center of your lips over your lipstick or gloss to give a pretty pucker.



Pauletta Washington

(Actress/Musician/Philanthropist)

The key is laughter. Drink lots of water. Eat organically. Takes multiple vitamins. Practice Pilates, cross training, and hiking. Exercise five times a week. Get lots of rest. I use organic deodorant (Inodore, www.inodoreinc.com) and Dr. N.V. Perricone's Skincare Regimens @ Nordstrom's.



Andrea Mellini

(Gospel Recording Artist)

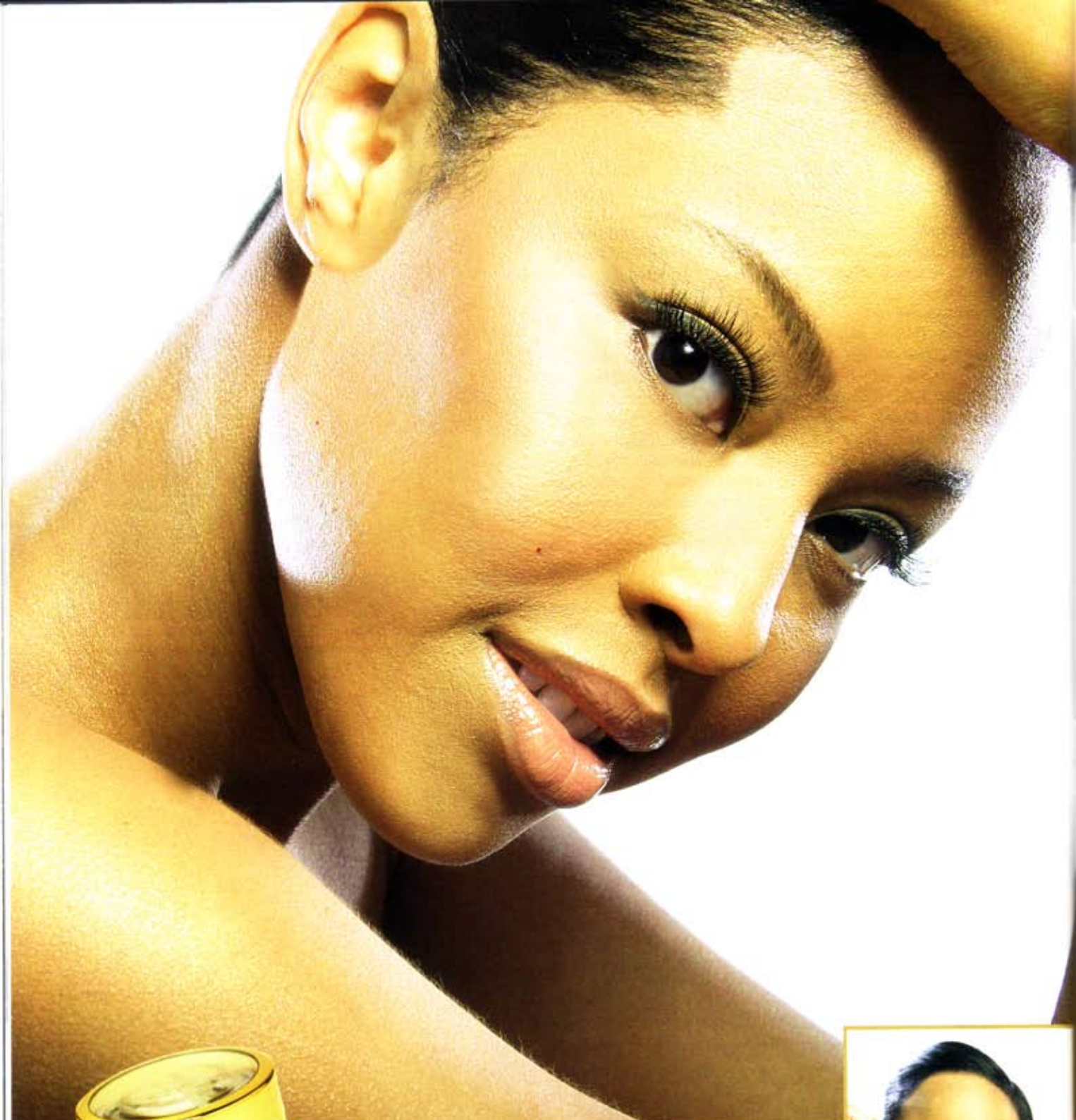
On my feet, I use Kerasal Concentrated Foot Ointment. It's a one-step exfoliating moisturizer. This makes your feet extremely soft. I have very rough skin on my heels especially in the winter, but this ointment keeps them smooth and touchable all day.



Natalie Cole

(Recording Artist)

I take very hot baths and use a special scrub sponge. (I find them at your better drug stores.) It creates a nice soft texture to my skin.



Dior Beauty

1. L'Or de Vie Eye

The third installment in Dior's most luxurious and potent line of antiaging skincare. L'Or de Vie targets dark circles and puffiness. Wrinkles fade and skin's firmness increases with an overall regeneration of the delicate skin around the eye area. [\$19.00] for 15ml.



Beauty & Fashion Editor - Roni Burks • Photography by George Selman, Mastermind Worldwide, Inc.

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HYDRACTION
VISIBLE DEFENSE
CRÈME YEUX HYDRA-PROTECTRICE SPF 20
HYDRA-PROTECTIVE EYE CRÈME SPF 20
Dior

**2. Hydra Action
Visible Defense Eye
Cream SPF 20**

A soufflé-light, easily absorbed formula to treat around the delicate eye area and help retain moisture. Replenishes and smoothes while reducing the visibility of fine lines and helping to prevent new ones; skin is plump and moisturized. [\$45.00] 0.5 oz.

3. New DiorBlush

The new DiorBlush is an ingenious multi-purpose product featuring two shades of blush and two different finishes: matte and iridescent. Three different color groupings: pink, corals and brown, make up the collection for a total of nine selections. The blush features a smooth, sheer, long-lasting texture and the signature Dior "Cannage" pattern. Shades: Strawberry Sorbet, Spice & Sugar. [\$34.00]



4

CAPTURE R60/80™
CRÈME RÉPARATION RIDES
ULTIMATE WRINKLE RESTORING CREAM
Dior

4. CAPTURE R60/80™ XP

This groundbreaking product is the first of its kind to use liposome stem cell technology. XP's technology takes effect almost instantly smoothing over the skin's surface to fill in wrinkles. One hour after applying the product, wrinkles are visible reduced, and after six hours, the skin become more smooth and taut as cell regeneration is activated. [\$80.00]

**5. Dior Snow Pure Whitening
Radiance Eye Treatment**

Tired eyes get the royal treatment with this light, penetrating cream gel. Dior Snow Pure Whitening radiance Eye treatment created an overall smoother, brighter appearance to the delicate skin around the eyes. Use morning and night to fade dark spots and reduce puffiness. [\$55.00]

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**DIOR SNOW
PURE**
SON ECLAIRCISSANT
CONTOUR YEUX
WHITENING RADIANCE
EYE TREATMENT
Dior

6

6. Crème de Gloss

This rich, luxurious formula created the dramatic effect of lipstick with the convenience of a gloss. Featuring a creamy, deeply moisturizing formula, White Tea fragrance and a soft sponge applicator, Crème de Gloss is available in eight must-have shades. Shade: Golden Glame [\$24.50]

